

## Spring 2017 ASC Coaching Pilot Program

**Target Population:** Sophomores above a 2.2 who have experienced a 0.375 term GPA drop from spring 2016 to fall 2016 semesters, and are not an EOP, TRIO/SSS, CAMP, ACE student.

**Coaching Commitment:** Upon the completion of the second coaching session, students will be asked to sign an agreement stating that they will participate in a total of **5** one-hour coaching sessions addressing the learning domains.

- **Meeting 1-** Intake, getting to know the student, expectations. Pre-assessment.
- **Meeting 2-** Planning meeting (lay out semester, how keep track of schedules, review syllabi) and confirming student commitment to three additional sessions and utilizing the StrengthsQuest coaching model.
  - Students complete StrengthsQuest assessment. SQ code provided.
  - Students complete the VARK learning style assessment.
- **Meeting 3, 4, 5-** Tailored coaching plan based on: pre-assessment data, and conversations with the students, results from StrengthsQuest and VARK assessments addressing the seven learning domains.

### Learning Domains:

1. Strengths; 2. Goal Setting; 3. Time Management; 4. Organization; 5. Study Skills; 6. Self-Advocacy; 7. Campus Engagement

### ASC Assessment Tools:

- Students self-assess (Using a pre/post assessment).
- Evaluation of students' academic needs (VARK, StrengthsQuest, anecdotal).
- Objective Measures (cumulative GPA, semester GPAs, center usage, etc.)

### Communication Plan

- **January 23rd:** the ASC will send an email inviting the students to the program and sharing what they will gain by participating.
- **January 27th:** the ASC will email students again checking in to see how the first week of classes went and encouraging them to come in to get support around having a strong start to the semester.
- **January 30th-February 3rd:** student assistants will call students who have not scheduled an appointment or replied to email outreach inviting them to the ASC.
- **February 6th:** a final initial email will go out to students inviting them in for coaching.
- **February 20th:** Mid-term check-in for students actively involved in coaching and students who have not responded

**Documentation Plan:** Coaches will track interactions with students in Peoplesoft