

In collaboration with First Year Programs and the Career Center, the Academic Success Center's (ASC) vision is to work with faculty and students to identify students' talents, understand these talents, and apply them to their academic, professional, and personal goals. The ASC coaches (Kim, Liz, Marissa, and Angel) are facilitating a three-session StrengthsQuest Coaching module for Spring 17 GEL sections.

As Gallup certified Strengths-Based Coaches, the ASC coaches will be offering your students the following:

1. Three full class periods (to occur at the beginning, middle and toward the end of the semester)
 - a. One presentation/interactive workshop introducing and understanding the StrengthsQuest model and its utility for students
 - i. *(occurring weeks 1-4)*
 - b. One presentation/interactive workshop diving deeper into individuals' specific talents and how to apply and translate those talents to create an academic identity and explore effective study techniques
 - i. *(occurring weeks 5-8)*
 - c. One presentation/interactive workshop about creating a bridge to sophomore success and beyond using strengths and ASC resources with an emphasis on getting connected on campus
 - i. *(occurring weeks 9-15)*
2. Three Gallup trained Strengths-Based coaches to facilitate presentations/workshops
3. Coaches will provide all learning materials including assignments to help students prepare for subsequent sessions
4. Specific dates for each of the three sessions are negotiable and will be determined through the coordination of GEL instructors and ASC coaches

Benefits of participating in the StrengthsQuest Coaching module:

1. **FREE SQ codes** (normally \$9.99) will be provided to every student in each GEL section that signs up for ALL three days of the module
2. One-on-one access to a certified Strengths-Based coach
3. Students will learn to work on a team by understanding their own and others' strengths (a.k.a. how to survive the dreaded group project)
4. Priority access to reserve the ASC study rooms to work on projects and utilize the technology

*For questions about the 3 session module or to schedule your module sessions, feel free to contact Marissa Yenpasook (myenpasook@csusm.edu), x3276